

SREE NARAYANA TRAINING COLLEGE, NEDUNGANDA

BEST PRACTICES 2019-'2020

Best Practice-1

1. Title of the Practice

Social Responsibility through Community Enrichment Activities

2. Objectives of the Practice

- To develop a sense of wellbeing among the student teachers by helping others.
- To make student students engage with the community in order to increase social awareness, self-awareness and a sense of social responsibility.
- To develop communication, collaboration, leadership and other intra and interpersonal skills among the student teachers
- To make student teachers understand social issues relevant to the local communities and develop a greater understanding and appreciation for diversity
- To enhance students' applications to higher education and the workplace.
- To integrate moral values among student teachers

3. The Context

The process of education for the development of personality is a continuous function. The greater the development of personality, greater will be his educational implications and greater will be the unfoldment of perfection in him. In the future education, we need not bind ourselves either by the ancient or the modern system but, we have to select only the most perfect and rapid means of mastering knowledge. The past is our foundation, the present our material, the future our aim and summit. Each must have its due and natural place in a national system of education.

Being knowledgeable is usually associated with academic understanding. Being wise goes beyond this to include notions of living well, making good decisions, being compassionate and caring about the community and others. The first place to start nurturing wisdom and responsibility is in the Educational Institutions, with the creation of a supporting learning environment and clear codes of behaviour. As always, the most important influence on students is teachers and staff as role models. Schools must have a well-articulated and clearly understood value system across the entire community that forms the basis upon which the school functions and informs relationships both within and beyond the school. Sree Narayana Training College is very particular in the personality development of Student teachers. Being future teachers, they should be able to lead our nation through their "appropriate" and "socially right" behaviors.

4. The Practice

Being a Participating Institution under the Scheme Unnat Bharat Abhiyan (UBA), Ministry of Human Resources Development (MHRD), Government of India, the college has adopted five nearby Villages in the year 2018 for implementing our responsible community development activities. UBA is the national program, with the vision to involve professional and higher educational institutions in the development process of rural areas in the country to achieve sustainable development and better quality of life. To become part of UBA is a remarkable achievement and hence a divine opportunity to the college to work with more power and spirit for the upliftment of rural population. At the same time it is a greater challenge to the college and hence we are planning to do more activities this year onwards. Activities carried out during the Financial Year 2019-'20 during the pre-pandemic time, as well as supported the adopted villages to fight the pandemic COVID19 during the outbreak are as given below

ACTIVITY 1:

Name of Activity: Awareness Programme on 'Environmental Protection and Need for a Plastic Free Society'

An awareness programme on 'Environmental Protection and Need for a Plastic Free Society' was organized by the UBA Cell of Sree Narayana Training College on February 14th, Thursday, 2019. The main intention of the programme was to enhance the awareness of student teachers on the evil effects of plastic and need for protecting our environment through a Plastic Free Society. Sri. Amjith S., Assistant Professor & Health Club Coordinator gave a beautiful introduction to the Programme. UBA Cell Coordinator of the College, Dr. Smitha S. described various environmental issues due to plastic usage in daily life. Dr. Sangeetha N.R., Assistant Professor & Coordinator of Women's Study Unit of the college gave a fruitful picture of harmful effects of plastic in society. The programme was a highly useful one as per the objectives were concerned.



ACTIVITY 2:

Name of Activity: Swadesi Products Production and Distribution in Free of Cost to the Village People

Under the leadership of UBA Cell, in collaboration with the Gandhi Study Unit of Sree Narayana Training College, Nedunganda, the Cell members prepared cleaning Lotion by using Swadeshi products on October 2nd, 2019 and initiated to distribute the same in the nearby locality. The programme enabled in triggering out the spirit of Community Service among student teachers.



ACTIVITY 3:

Name of Activity: Training Programme in Paper Bag Making

A training programme on preparation of Cloth Bag, Paper Bag and Paper Pen was organized by the UBA Cell of Sree Narayana Training College on February, 25th, 2020. Smt. Geethakumari B., Teacher, Aiswarya Public School, Kollam and the Best Coordinator Award Winner of SEED- 2018 and STEP-2019 of Kollam District was the Resource Trainer. Students teachers were equipped enough in making environment friendly reusable carry bags and pens which inspired them to lead a healthy life style.



ACTIVITY 4:

Name of Activity: Distribution of Cotton Masks to Village people

Sree Narayana Training College is always at the forefront of Community supporting and Social Responsible activities. During the Pandemic period, the Staff and students of the college united together for the preparation and free supply of Cotton Masks to the Kudumbasree Self

Help members and Fishermen workers of Anchuthengu Grama Panchayat. The Programme which was organized on May 4, 2020 by respecting the COVID protocol was inaugurated by the Honourable Deputy Speaker of Kerala Legislative Assembly Sri. V. Sasi. College Principal Dr. Sheeba P., Anchuthengu Grama Panchayat Member Sri. Praveen Chandra and a few members of students and staff were also participated in the function.



ACTIVITY 5 :

Name of Activity: Distribution of TV set to students to ensure and support their Online education

Sree Narayana Training College, Nedunganda distributed TV set to needy students in order to ensure and support their Online education facilities. Staff and students were joined hands for the contribution. The distribution function on June 30, 2020 was inaugurated by the Honourable Tourism Minister of Kerala Sri. Kadakompally Surendran. Honourable Member of Parliament Sri. Adoor Prakas, Honourable Deputy Speaker of Kerala Legislative Assembly Sri. V. SASI, College Principal Dr. Sheeba P. and Sri. Praveen Chandra, the Member of Grama Panchayat, Anchuthengu were also presented in the function.

<http://www.journalnews.in/news/newdetail/Njg2>



ACTIVITY 6 :

Name of Activity: Preparation and Distribution of Hand Sanitizer

Department of Physical Science of Sree Narayana Training College initiated to prepare Hand Sanitizer and distributed the same to the College authorities which was really worth for the Staff and students of the College. The college was self-reliant in protesting the Pandemic by making Masks and Sanitizer with the well-coordinated support of Students and Staff. A Part of the Sanitizer prepared was supplied to neighbouring schools also.

**ACTIVITY 7 :**

Name of Activity: Organized an Awareness Seminar on CORONA

Awareness Seminar on CORONA was organized by the UBA Cell of Sree Narayana Training College in collaboration with Department of Natural Science and Health Club on 7th February, 2020. The Class was led by the Students of Natural Science Department. The class was very useful and relevant as far as the context of the pandemic situation. Everyone got a good awareness about the harmful Virus which helped to remove the false believes about the Virus attack and condition of the society.



ACTIVITY 8 :

Name of Activity: CORONA Awareness e-content preparation by all Departments of the college.

The Department of Social Science of our Sree Narayana Training College prepared a video on “An Awareness Programme on the Covid-19 Pandemic”. The central part of the video stressed the important precautions that must be taken into consideration in order to avoid the spreading of the virus from one another. The collective effort of the students and Teachers led to its success. The video then, uploaded to the You Tube also. The link is provided here

<https://sntc2020.blogspot.com/2020/04/corona-awareness-activity-by-students.html>

(Social Science)

<https://youtu.be/rPzdlQB572k> (Natural Science)

<https://youtu.be/XC1mdTgq9JI> (Physical Sciences)

ACTIVITY 9 :

Name of Activity: NATIONAL WEBINAR ON SREE NARAYANA GURU’S PERSPECTIVE ON EDUCATION IN THE CONTEXT OF NATIONAL EDUCATION POLICY 2020 on 20/09/2020

A National Webinar on ‘SREE NARAYANA GURU’S PERSPECTIVE ON EDUCATION IN THE CONTEXT OF NATIONAL EDUCATION POLICY 2020’ was organized on 20/09/2020 as a collaborative venture of SREE NARAYANA TRAINING COLLEGE, SREE NARAYANA MISSION FOR LIFE EXCELLENCE (SMILE) & VIDYABHYASA VIKASA KENDRAM, KERALA. Webinar was inaugurated by Sri K. Sethuraman IPS, D.I.G. of Police. Prof. (Dr.) K. Jayaprasad, Former PVC, Central University of Kerala, Dean, School of Cultural Studies, Director, Mahatma Ayyankali Centre for Kerala Studies; Prof. (Dr.) M.A. Siddeek, Director, International Centre for Sree Narayana Guru Studies and Research, University of Kerala; Prof. (Dr.) M. V. Natesan, HoD. i/c of Education, Sree Sankaracharya University of Sanskrit, Kalady and Shri. A. Vinod, Member, Monitoring Committee of Education, Govt. of India were the Resource Persons. It was a valuable Webinar in terms of throwing light on the SREE NARAYANA GURU’S PERSPECTIVE ON EDUCATION IN THE CONTEXT OF NATIONAL EDUCATION POLICY 2020’. More than 200 participants attended the Webinar.

**NATIONAL WEBINAR ON
SREE NARAYANA GURU'S PERSPECTIVE ON EDUCATION
IN THE CONTEXT OF NATIONAL EDUCATION POLICY 2020**

Organized by
SREE NARAYANA MISSION FOR LIFE EXCELLENCE (SMILE) SREE NARAYANA TRAINING COLLEGE, VARAMALA VEYANATHYASA VIHARA, KOTTAYAM, KERALA

Date: 20-09-2020
10.00 am to 12.15 pm

Inaugural Address:
Sri. K. Selvarajam IPS
D.I.G. of Police

Presidential Address:
Sri. S. Sankaranarayanan
Treasurer, Charma Sangam Trust, Sivagiri

Prof. (Dr.) S. Jayaprakash
Former PCC, Central University of Kerala
State Council of Higher Education
Director, National Research Centre for Higher Education

Sri. A. Vinod
Member, National Commission of Education
Bangalore

Prof. (Dr.) M. K. Muneer
Prof. of Education
Sree Narayana College, Kottayam

Prof. (Dr.) M. A. Sathyan
Special, Government
Director for Sree Narayana Sanshodhanam, Kottayam

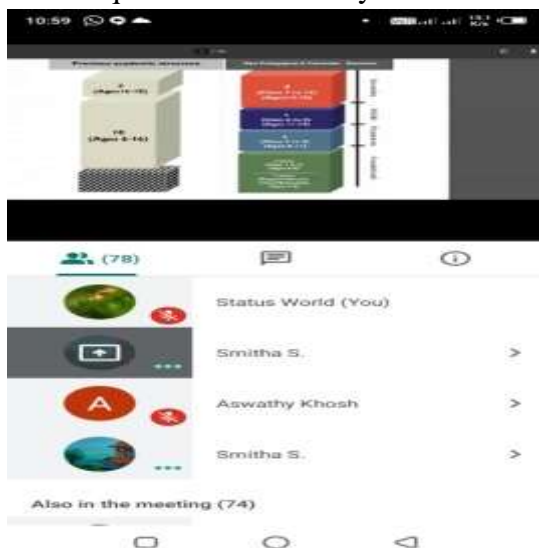
ORGANISING COMMITTEE
President: Smt. S. Sankaranarayanan
Dr. Sankaranarayanan
Principal, Sree Narayana College, Varamala
Dr. Sankaranarayanan
Joint Professor, Sree Narayana College, Varamala
Dr. Sankaranarayanan
Joint Professor, Sree Narayana College, Varamala

NO REGISTRATION FEE
E-CERTIFICATE WILL BE PROVIDED
Google Meet
Registration link: XX
Meeting Link: XX

ACTIVITY 10 :

Name of Activity: Regional Level Webinar on NATIONAL EDUCATION POLICY 2020 on 23/09/2020

A Regional Level Webinar was also organized by the UBA Cell of Sree Narayana Training College on the topic, 'NATIONAL EDUCATION POLICY 2020'. The main intention of the Webinar was to propagate the ideas underlined in the report of the Policy NEP 2020 with regard to paradigm shift in Education especially School Education, Higher Education and Teacher Education. The Resource Person was Dr. Smitha S., the Coordinator of UBA Cell of Sree Narayana Training College, Nedunganda. The target audience of the Webinar was Student Community. There were a maximum of 80 students participated in the Webinar. An interactive session was also carried out which was really fruitful for the students to clear their queries on the Policy document.



5. Evidence of Success

Activities under Unnat Bharat Abhiyan (UBA), an initiative by Govt. of India for enhancing social responsibility among Higher Education Institutions were carried out effectively this year also by upholding the values of social responsibility. The evidence of practice among student teachers reflected improved benefits in their value system as coined as per the objectives as well as the power of concentration, stress alleviation, self-awareness, consciousness, self-regulation, behavioral and emotional maturity, and self-confidence in academic, non-academic and everyday life.

6. Problems Encountered and Resources Required

Main problem encountered was the time constraints. Even then, college managed all those problems well with the commitment of dedicated staff and students. These practices are very much helpful to make the students energetic, confident and active in all spheres of their life. Being a socially responsible institution, Sree Narayana Training College of teacher education provides an array of curricular and co-curricular experiences to empower the future teachers and thus enrich their minds with power of commitment to society in addition to content and techno-pedagogic knowledge. The committed faculty and staff of the college are dedicated to explore and support the prospective teachers for their all-round development.

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SREE NARAYANA TRAINING COLLEGE, NEDUNGANDA

BEST PRACTICES 2019-'2020

Best Practice-2

1. Title of the Practice

‘Energy Conservation as a Way of Life’

2. Objectives of the Practice

- To develop an awareness in students on the ways to conserve energy and to use energy more efficiently.
- To equip students to choose sustainable forms of energy.
- To prepare students to use less energy, or using energy more efficiently, thereby helping in conserving our energy resources.
- To make students aware of the need to prevent the depletion of natural resources, which may create an enormous destructive waste product that impacts the rest of life.

- To conscientise students on the different types of energy conservation techniques, thereby reducing demand, protecting and replenishing supplies, developing and using alternate energy sources and cleaning up the damage from the prior energy processes.

3. The Context

According to Gandhiji, the earth provides enough to satisfy every man's needs, but not every man's greed. We utilize energy in different forms in our daily routine life and cannot think even about to survive without it. We use energy to light our homes and for street lighting as well, to be able to power machineries and equipments in factories, helps to cook our food, for playing music and operating televisions and many more every day regular uses.

Energy Conservation is the practice of reducing the quantity of energy used. It may be attained through efficient energy use; in this case, energy use is decreased at the same time getting a same outcome as a result, or by reduced consumption of energy services. It is one of the easiest processes to help the globe by means of pollution in addition to make use of natural energy. It may result in increase of financial capital, better environmental results, national security, personal security and human comfort. Individuals are direct consumers of energy, they may need to conserve energy so as to reduce energy expenses and promote economic security. Energy conservation also refers the reduction or removal of unnecessary or unwanted energy use.

4. The Practice

Energy conservation education is the inevitable requirement of sustainable development strategy for higher education. It is high time for students to come up with energy efficient ideas to make their mother earth greener. Different methods of energy efficiency for solving problems like pollution and minimizing energy waste can make a difference on our environment. If college students develop a good sense of energy crisis and good energy saving habits, they can respond well to the national energy saving and consumption reduction call, and effectively carry out energy saving and consumption reduction work. This prompted the Energy Club of Sree Narayana Training College to take active action to further strengthen the energy saving education for students, and to improve students' consciousness of energy saving.

Some of the multifaceted activities undertaken by the Energy Club of Sree Narayana Training College for the cause of Energy Conservation are given below:

ACTIVITY 1:

Name of Activity: Energy Literacy Survey & Conscientisation Programme

As a part of the Energy Club activities, a community survey on Energy Literacy was conducted on 3 September 2019 in the Nedunganda locality. The questionnaire consisted of

25 questions and data was collected from the people in the locality based on the consumption of energy. Also, an awareness campaign was conducted for the people of the locality on the ways to conserve energy.



ACTIVITY 2:

Name of Activity: Conscientisation Programme on Solar Eclipse 2019

The college organised a Conscientisation Programme on Solar Eclipse 2019 in collaboration with Kerala Sasthra Sahithya Parishad and Energy Club of the college. The programme was comprised of four phases.

Phase 1: Orientation to Resource Persons at Kerala Sasthra Sahithya Parishad

This phase constituted the orientation provided to resource persons on 'Solar Eclipse' at the District Level Workshop organized by Kerala Sasthra Sahithya Parishad on 1 December 2019.





Phase 2: Awareness Class to student teachers

An awareness class was conducted by the resource persons to the student teachers of the college on 'Solar Eclipse'.



Phase 3: Awareness at the school level

Awareness sessions were organized and conducted for students of various schools in Thiruvananthapuram district.



Phase 4: Awareness to the Public

Awareness was given to the general public including local Panchayat members for conscientising them about the safe viewing of solar eclipse, proper use of sunglasses, and for clarifying their misconceptions regarding solar eclipse.



ACTIVITY 3:**Name of Activity: Conscientisation Programme on Energy Conservation**

A conscientisation programme was conducted in the college to create an awareness among student teachers on the different ways of energy conservation as elaborated by the Energy Management Centre, Kerala. A Science Play on the Life Span of Plastic was enacted by student teachers on 27 February 2020 in which the protagonist and antagonist were plastic, so as to create public awareness on the harmful effects of plastic use.

**5. Evidence of Success**

Under the new energy situation, it is required that colleges and universities should effectively carry out energy saving education, which not only cultivates the energy saving consciousness of the students and make them develop good energy saving habits, but also make students master some energy saving methods. Conscientising students on the ways to conserve energy, use energy more efficiently and practice energy conservation techniques helped students through various ways to learn energy saving knowledge, understand the state policies and regulations on energy conservation, develop a sense of respect for energy conservation, concern for energy conservation, understand energy conservation ideologically, consciously and emotionally, and then form an accurate attitude towards energy conservation, as well as understand the skills of energy saving. The initiatives undertaken by the college were appropriate enough to instill and internalise the energy saving mentality in students as a way of life.

6. Problems Encountered and Resources Required

Energy efficiency has a major role to play in the 21st century. The challenges ahead for the next level of efficiency needs to be acknowledged and addressed. As it is a humongous task, the lack of time is the chief problem encountered in this endeavour. Nevertheless, Sree Narayana Training College dealt with all the hurdles properly with the effort and dedication of the staff and students.

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